



# PITZ ALPINE

## Pitz Alpine Glacier Trail - P15 Trailrun for beginners

Course		Distance km	Finish distance km	Ascent in m	Descent in m	max. Altitude	fast time*	slow time*	Cut-off time
<b>Start Mandarfen</b>			<b>15,24</b>				<b>09:15</b>		
Mandarfen	Sunna Alm	3,25	11,99	611	132	2293	<b>09:56</b>	<b>10:42</b>	
Sunna Alm	<b>Finish Mandarfen</b>	15,24	0,00	140	746	2305	<b>10:52</b>	<b>13:00</b>	<b>13:00</b>

### Remark

\* The passage times have been calculated with a fast speed of 13 km/h and the slow speed of 5.5 km/h plus the passed altitude gain calculated according to the distance-time formula.

All information is subject to change